



# Recess Review

## Physical Activity Space Assessment

Date: \_\_\_\_\_ School Name: \_\_\_\_\_ Program Advisor: \_\_\_\_\_

Recess Review Team Members: \_\_\_\_\_

**DIRECTIONS:** Take a look around at recess time. What are students doing? Are they playing? Use this tool to identify areas of your playground that are working well, and areas that could benefit from some attention. Make notes in each category to share with your Program Advisor and other school adults to make a plan for improvement.

Use the results to target your school's efforts using the Ramp Up for Recess Play.

<b>Spaces:</b> Are the spaces clean and safe? Is there enough room for kids to run, play team games or explore?		
Area	Need Improvement?	Notes
Paved area or blacktop	Y / N	
Open grassy area	Y / N	
Sports field/track	Y / N	
Other: _____	Y / N	

**Equipment:** Is there a variety of equipment to allow for playing games, climbing, and just sitting and relaxing?

Equipment	Need Improvement?	Notes
Climbing structures	Y / N	
Slide(s)	Y / N	
Swing(s)	Y / N	
Bases/Goals/Nets	Y / N	
Seating	Y / N	
Other: _____	Y / N	

**Activities:** What types of activities are kids doing at recess? Are they playing games? Running around? Chillin' out?

Activity	Need Improvement?	Notes

Team games	Y / N	
Individual games	Y / N	
Structured activities (supervised by an adult)	Y / N	
Relaxed “talk time”	Y / N	
Other: _____	Y / N	