# This application is for planning purposes only.

To apply, please complete the online version at FuelUptoPlay60.com



# Funds for Fuel Up to Play 60 2022-2023 Application Form

Deadline: Wednesday, April 13, 2022

# Overview of 2022-2023 Fund Program and Application

- Up to \$4,000 per school year is available to qualified K-12 schools enrolled in Fuel Up to Play 60 to jump start healthy changes.
- Funding is divided between Healthy Eating and Physical Activity, with a maximum of \$2,000 permitted for Physical Activity.
  - The amount requested for Physical Activity may not exceed the amount requested for Healthy Eating.
  - o All funding (max of \$4,000) may be devoted to Healthy Eating.
  - Schools are still required to select a Physical Activity Play even if no funding is requested for Physical Activity.
- Review the online <u>Fuel Up to Play 60 Playbook</u> to select one Healthy Eating Play and one Physical
  Activity Play that your school will implement. You will then request funding to help in implementing the
  Plays.
- Your application must demonstrate how the funding will increase your students' access to and their consumption of dairy products (milk, yogurt, cheese). Your local Dairy Council can help you with ideas for how to increase dairy; find their contact information <a href="HERE">HERE</a>.
- Work together with PE staff and School Nutrition staff, along with any other Fuel Up to Play 60 adults, in selecting the Plays and developing this application.

#### Special Equipment Offers for 2022-2023 School Year

TWO SPECIAL OFFERS are available in this round of funding:

- Schools can choose to receive one of two equipment packages to implement their selected Healthy Eating Play:
  - o Healthy Start Smoothie Kit to help implement the Highlight Healthy Foods Play
  - o Mobile Meal Carts Kit to help implement the Breakfast for Everyone Play
- Schools applying for either of these Plays will receive a Healthy Start Smoothie Kit or Mobile Meal Carts Kit *in lieu of money* for Healthy Eating. Each equipment package is valued at \$2,000.
- Schools should select the designated Play on their online application if they would like to receive one of the equipment packages. They will then not be eligible to request additional Healthy Eating funding.
- Schools applying for the equipment offered in the Highlight Healthy Foods or Breakfast for Everyone Play must also select a Physical Activity Play and can request up to \$2,000 for Physical Activity purchases.

### **Eligibility**

To apply, schools must:

- Have at least one adult with a Fuel Up to Play 60 Educator Dashboard account.
- Participate in the National School Lunch Program.

Have submitted all required final reporting, if the school received Funds for Fuel Up to Play 60 in the

NOTE: Due to COVID-19 disruptions, reporting was not required of schools who received Funds for FUTP 60 for use in the 2019-2020 school year. These schools are eligible for funding, provided all other past reporting was submitted.

#### **Process**

- Applicants must submit a completed online application by Wednesday, April 13, 2022.
- Applicants will receive notification of funding decisions via the Fuel Up to Play 60 Educator Dashboard within eight weeks after the Funding Deadline. Funding will be disbursed shortly thereafter.
- Equipment for the Healthy Start Smoothie Kit and Mobile Meal Carts Kit will be shipped at back-toschool time (August/September 2022).

#### **Funding Limits/Restrictions**

- Kickoff and Promotional Activities: Maximum combined total of \$500 for both Healthy Eating and Physical Activity.
- Incentives/Rewards for students related to Healthy Eating; limit of \$200.
- Incentives/Rewards for students related to Physical Activity; limit of \$200.
- Staff Stipends: Max of \$400 total for internal staff and outside professionals, broken down as follows:
  - No more than \$300 may be devoted to internal staff stipends. Internal staff includes individuals at your school who are helping to implement your program. Internal stipends are optional for your school to provide.
  - Outside professionals include outside trainers, speakers and other external personnel who assist with your Plays.
- **Nutrition Education Materials:** Max of \$200.
- Funding may not be used:
  - o To subsidize food or the cost of meals served to students in the school meals programs.
  - For food sold to students.

#### **Application Assistance**

You are encouraged to contact your local Dairy Council with questions about the application process. They can be especially helpful in suggesting ways to increase dairy consumption at your school.

For technical assistance with the application, contact the Fuel Up to Play 60 Help Desk.

Со	ntact Information
1.	Your Name:
2.	Email Address:
3.	Job Title:
4.	Who will be the lead person running Fuel Up to Play 60 at your school in 2022-2023 and take responsibility for implementing this program and funding as outlined in this application, if funded?
	(Note: MUST be a school or district employee, NOT a parent or outside individual working with the school)
	Name:
	Email Address:
	Job Title:
Scl	hool Information
Sch	nool District:
Dis	trict Enrollment:
Sch	nool:
Sch	nool Enrollment:
Gra	ade Levels:
Sch	nool Address:
City	<b>/</b> :
Sta	te:
ZIP	Code:
Pho	one Number:
Dis	trict's Federal Employer Identification Number:  (Note: This is a 9-digit number in the following format XX- XXXXXXX. Also called the Tax ID Number or the Federal EIN.  It is NOT the same as tax-exempt number or State EIN)
5.	Does your school participate in the National School Lunch Program?  ○ Yes  ○ No
6.	Does your school participate in the School Breakfast Program?  O Yes O No

7.	What is the percentage of students at your school eligible to receive free/reduced priced school lunch?
	0 0%
	O 1-9%
	O 10-19%
	O 20-29%
	O 30-39%
	O 40-49%
	O 50-59%
	O 60-69%
	O 80-89%
	O 90-99%
	O 100%
8.	Does your school participate in the Community Eligibility Program (CEP)?
	O Yes
	O No
9.	What meal programs are currently in place in your school? (Check all that apply.)  Breakfast in the Classroom Grab-n-Go Breakfast Second Chance Breakfast Summer Meals Afterschool Snack/Meal Program Supper Program Bulk Meals
10	. What is the AVERAGE number of students who participate daily in school BREAKFAST?  Note: Enter the average number of students, NOT a percent. The number cannot exceed your total school enrollment.  If you do not serve breakfast, enter 0.
	If desired, please provide comments regarding your school breakfast count.
11	. What is the AVERAGE number of students who participate daily in school LUNCH?  Note: Enter the average number of students, NOT a percent. The number cannot exceed your total school enrollment.
	If desired, please provide comments regarding your school lunch count.

# **Check and Shipping Information**

12. If your Funds for Fuel Up to Play 60 application is approved:

To what school or district should the check be made out?

Note: May NOT be an individual, the PTA/PTO, or other organization.

To whose attention should the check be sent?

Where should the check be mailed? IMPORTANT: Please make sure this is a valid school or school district address.

Note: Please supply a street address, NOT a P.O. Box.

School or School District Name:

Address 1/Address 2:

City/State/ZIP:

13. If you are applying for a Smoothie Kit or Mobile Meal Carts Kit, please provide the shipping contact person and shipping address and for the equipment if your application is approved.

**Shipping Contact Person:** 

**Email Address:** 

Phone number (with area code):

Shipping Address Line 1:

Shipping Address Line 2:

**Shipping City:** 

**Shipping State:** 

Shipping ZIP:

## **Healthy Eating Plan**

#### Notes:

- Your application must include a Healthy Eating Plan.
- Your Healthy Eating Plan should increase students' access to and consumption of nutrient-rich foods, including fat-free and low-fat dairy, whole grains, fruits and vegetables.
- Remember that your application needs to explain how your Healthy Eating Plan is sustainable and will continue after the school year in which it is funded.
- Funding for Healthy Eating may not be used:
  - To subsidize food or the cost of meals served to students in the school meals programs
  - For food sold to students
- Before completing this section, please review:
  - Healthy Eating Plays in the <u>Fuel Up to Play 60 Playbook</u>
  - The <u>Funding Ideas</u> document and the <u>Equipment Catalog</u> to get ideas for using your funding
  - Components of Healthy Eating Patterns outlined by <u>USDA's 2020-2025 Dietary</u>
     Guidelines
- **14.** You identified the following Healthy Eating Play that you will be implementing at your school this year: [Selected Play will show on Application]
- 15. Briefly describe how you will implement your Healthy Eating Play. Tell us what your school and school nutrition department will be doing and how the items requested in your budget will help support your plan.
- 16. Describe how your Healthy Eating Plan will increase students' access to and consumption of dairy products (milk, yogurt, cheese). (Contact your <u>local Dairy Council</u> for ideas on how to increase dairy products.)
- 17. Explain how your school will continue with your Healthy Eating Play after funding is exhausted.

## Physical Activity Plan

#### Notes:

- You must select a Physical Activity Play; however, you are not required to request funding for your Physical Activity Plan.
- If requesting funding:
  - The amount of funding requested for the Physical Activity Plan MAY NOT exceed the amount of funding requested for the Healthy Eating Plan.
  - You will need to answer questions related to your Physical Activity Plan, which should increase students' opportunities for and/or participation in physical activity in school.
  - Your Plan should also explain how it is sustainable and will continue after the year in which it
    is funded.
- Before completing this section, please review:
  - Physical Activity Plays in the Fuel Up to Play 60 Playbook
  - The **Funding Ideas** document
- **18.** You identified the following Physical Activity Play that you will be implementing at your school this year. [Selected Play will show on Application]
  - □ We are NOT applying for funding for Physical Activity. (If you check this box, you are NOT required to answer the remaining questions in this section, and you will not be able to enter any funding requests in the Physical Activity section of the application budget.)

#### **NFL FLAG-IN SCHOOLS KIT OPPORTUNITY!**

Consider applying for an opportunity to receive a FREE Fuel Up to Play 60 NFL FLAG-In-Schools Kit. The FLAG Kit application will be available in the spring. <u>Click here</u> for more details.

- 19. Briefly describe how you will implement your Physical Activity Play. Tell us what your school will be doing and how the items requested in your budget will help support your plan?
- 20. Explain how your school will continue with your Physical Activity Play after funding is exhausted.

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- If you are applying to receive either the Healthy Start Smoothie Kit or the Mobile Meal Carts Kit, you will not be able to add any additional items to your Healthy Eating Budget. You will still be able enter items in the Physical Activity Budget to support your Physical Activity Plan if you are requesting Physical Activity funding.
- Outline your budget for the Healthy Eating and Physical Activity Plays you will be implementing. All expenditures to promote and implement each Play should be listed in the budget boxes below. You may include multiple items in one line item, as long as they belong in the same funding category, and it is clearly described in the Description column.

Healthy Eating Bu	dget
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Funding Category (See below for available categories)	Amount Requested (Whole numbers only; no decimal points, no symbols. Example: 1000 not \$1,000.00)
TOTAL HEALTHY EATING	

Physical	<b>Activity</b>	<b>Budget</b>
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Funding Category (See below for available categories)	Description of items, including quantities	Amount Requested (Whole numbers only; no decimal points, no symbols. Example: 1000 not \$1,000.00)
TOTAL PHYSICAL ACTIVITY		

#### Healthy Eating Categories that will appear in the dropdown menu:

- Cafeteria equipment for preparation of food (e.g., food prep equipment, yogurt pumps, smoothie blenders, etc.)
- Equipment for cold storage of milk or other perishable items (e.g., coolers, insulated bags, refrigerators or freezers, etc.)
- Equipment for transporting or serving food or beverages (e.g., breakfast cart, kiosk, wagon, food bar, etc.)
- Sanitation equipment (trash cans, recycling bins, cleaning supplies, hand sanitizing dispensers, etc.)
- Point-of-sale equipment or systems
- Food for taste test activities (suggested budget not to exceed 60 cents per student)
- Environmental improvements (permanent signs, menu boards, bulletin boards, pictures, paint, etc.)
- Kickoff and Promotion (Kickoff event, temporary signage, posters or other printed material to promote the program) (School year limit of \$500, which includes both Healthy Eating and Physical Activity)
- Incentives/Rewards for students related to Healthy Eating (budget limit of \$200)
- Stipends for internal staff and outside professionals (outside trainers, speakers, involvement from other professionals) (School year limit of \$400, which includes both Healthy Eating and Physical Activity stipends. No more than \$300 may be devoted to internal staff stipends.)
- Nutrition education materials (School year limit of \$200)
- Other (must describe)

#### Physical Activity Categories that will appear in the dropdown menu:

- Small fitness equipment (e.g., jump ropes, traffic cones, stability balls, Frisbees, playground stencils, etc.)
- Large fitness equipment for a fitness room or playground (treadmill, weights, outdoor playground equipment, etc.)
- Tracking/Monitoring equipment (Pedometers, heart rate monitors, etc.)
- Video game consoles to increase physical activity
- Video game software, CDs, DVDs
- Environmental improvements (permanent signs, bulletin boards, pictures, paint, etc.)
- Equipment for cold storage of milk or other perishable items (e.g., coolers, insulated bags, refrigerators or freezers, etc.)
- Kickoff and Promotion (Kickoff event, signage, posters, or other printed material to promote the program) (School year limit of \$500, which includes both Healthy Eating and Physical Activity)
- Incentives/Rewards for students related to Physical Activity (suggested budget of no more than \$200)
- Stipends for internal staff and outside professionals (outside trainers, speakers, involvement from other professionals) (School year limit of \$400, which includes both Healthy Eating and Physical Activity stipends. No more than \$300 may be devoted to internal staff stipends.)
- Flag Football Kit, and/or supplies
- Other (must describe)

# Project Budget (cont.)

21a. If you included a staff stipend above, provide justification for this stipend. Identify the stipend amount separately for internal staff and outside professionals.

Total stipends for the year may not exceed \$400, and no more than \$300 of that can be for internal staff.

1b. Describe and provide an estimated value for any in-kind support to be received from your community partners. Description:
stimated value:
school Administrator/Staff Involvement
lease indicate below that you have support and approval from the following key individuals at your school:
2. Principal's name:
Principal's email address:  Vour principal approves this application and will fully support the proposed program and requirements, if funded.
3. School Nutrition Professional's name:
School Nutrition Professional's email address:  Vour School Nutrition Professional approves this application and will fully support the propose program and requirements, if funded.
4. Physical Education Lead Teacher's name:
Physical Education Lead Teacher's email address:  — Your Physical Education Lead Teacher approves this application and will fully support the proposed program and requirements, if funded.
5. Optional: Please share anything else Fuel Up to Play 60 should consider in reviewing your application.

#### To submit this application:

- Read the Guidelines and Terms below.
- Check the box below to indicate you have read and agree to the terms.
  - ☐ I have read and agree to the terms below.

By submitting this application, I agree on behalf of my school that I will oversee the funding and/or equipment/goods/services to ensure everything is used as outlined in this application. I also confirm that the above information is true and complete.

Click on the "Save & Continue" button, then "Submit Form."

## Funding Guidelines and Terms

- If the application is approved, your school must comply with all reporting requirements where you will be asked to document the use and impact of the funding (See Funding Reporting section below).
- Funding requests may only be submitted by schools, not individuals.
- There is one funding application deadline for the 2022-2023 school year: Wednesday, April 13, 2022.
- The total amount of money awarded for the 2022-2023 school year may not exceed \$4,000.
- Applicants must adhere to overall funding limits in specific budget categories as outlined in the Funding Amounts and Limits section below.
- Applicants must select one Healthy Eating Play and one Physical Activity Play.
- All applications must contain a Healthy Eating Plan
- If funding is requested for Physical Activity, this application must include a Physical Activity Plan.
- Fuel Up to Play 60 monies and equipment/goods/services are meant to fund and stimulate activities that lead to lasting change within the school environment.
- Schools are eligible to apply for Fuel Up to Play 60 Funds if they have received other Fuel Up to Play 60 monies in previous years (from Dairy Council, NFL or other program supporters); however:
  - The current application must include a plan for activities that are different from and/or build upon past funded initiatives.
  - Applications that duplicate your school's funded Fuel Up to Play 60 activities from previous years will not be funded.
  - Schools must have submitted all required reporting for previous awards from Funds for FUTP 60.
- Schools are eligible to apply even if they have received other funding to support health, physical activity, and wellness at their school.
- Applicants receive notification of the funding decisions within eight weeks after Funding Deadline.
   Funding will be disbursed shortly thereafter. Equipment for the Healthy Start Smoothie Kit and the Mobile Meal Carts Kit will be received at back-to-school time (August/September 2022).

#### **Funding Reporting**

Schools that receive funding must complete the following reporting at the end of the 2022-2023 school year:

• An online Use and Impact Report to document activities, expenditures and impact.

- This report will require the following school meal information for the previous and current school year (2021-2022 and 2022-2023):
  - Average Daily Participation (ADP) for Breakfast
  - Average Daily Participation (ADP) for Lunch
  - Total milk units distributed for the school year
  - Total single-serve yogurt units for the school year
  - Total bulk units of yogurt for the school year
- If your school received Funds for Fuel Up to Play 60 in the past, your school must have submitted all required reporting to receive additional funding.

NOTE: Due to COVID-19 disruptions, reporting was not required of schools who received Funds for FUTP 60 for use in the 2019-2020 school year. These schools are eligible for funding provided all other past reporting was submitted.

• Failure to comply with the required reporting may prohibit your school from receiving future funding.

#### **Funding Amounts and Limits**

- Schools are encouraged to request only the amount of money they will need, from a minimum of \$300 up to a maximum of \$4,000.
- Funding should be used by the end of the 2022-2023 school year.
- The amount requested to fund Physical Activity may not exceed the amount requested to fund Healthy Eating.
- The funding limits include:
  - **Kickoff and Promotional Activities:** Maximum total of \$500 for both Healthy Eating and Physical Activity combined during one school year.
  - Staff Stipends: Max of \$400 total for internal staff and outside professionals, broken down as follows:
    - No more than \$300 may be devoted to internal staff stipends.
    - Internal staff includes individuals at your school who are helping to implement your program.
    - Internal stipends are optional for your school to provide.
    - Outside professionals include outside trainers, speakers and other external personnel who assist with your Plays.
  - Nutrition Education Materials: Max of \$200

#### **Use of Funding**

- Funds may be used to support a range of different program-related activities and Plays, as found in the online Fuel Up to Play 60 Playbook.
- Funding may not be used for food sold at school to students, or to subsidize food or the cost of meals served to students in the school meal programs.
- Technology requests must be supported with a strong case that it is central or essential to the proposed program.

- Funding may not be used to purchase equipment for organized sports teams.
- Use of funds is at the discretion of the school's adults leading the Fuel Up to Play 60 Program and/or
  the individual completing this application, working with the school team (students and adults helping
  to plan/implement the program) and in compliance with any school or district rules governing use of
  grant funds.
- Funds recipient agrees to use the funding as outlined in the approved application form. Any changes to the use of funding must first be reviewed and approved by the local Dairy Council.
- Funds recipient may be required to repay the GENYOUth Foundation any portion of the funding that is not used for the purpose outlined in the approved application form, and/or not used by the end of the 2022-2023 school year.
- Funds recipient will not use Fuel Up to Play 60 Funds to:
  - o Influence legislation
  - o Influence the outcome of any public election or to carry on, directly or indirectly, any voter registration drive
  - o Make any grant to any other individual or organization
  - Undertake any activity other than for charitable, scientific or educational purposes

#### **Other Terms**

- Funding applications may be approved between funding cycles at the sole discretion of the funder.
- Funds and equipment/goods/services received may only be used by the participating Fuel Up to Play 60 school that submits the funding application.
- Funds and equipment/goods/services are the property of the school that is approved for funding and may not be transferred to another school, institution or individual without prior written approval of the Fuel Up to Play 60 funder.
- Schools receiving funds and equipment/goods/services agree to provide information about use of funds and equipment/goods/services if requested by National Dairy Council, your local Dairy Council or the NFL.
- All information provided to NFL and Dairy Council in connection with the Fuel Up to Play 60 Funds Application, including all related communications, is true, correct and complete.
- Funds and equipment/goods/services recipient will maintain complete and accurate records for the program, and will make such records available to Dairy Council, NFL and GENYOUth Foundation upon request.
- Funds and equipment/goods/services recipient shall obtain advance written approval from Dairy Council for commercial publication or distribution of all publications or works created, in whole or in part, through the use of NFL and Dairy Council funds.
- Funds and equipment/goods/services recipient agrees to submit photographs and accompanying signed releases for promotional and informational materials, if requested.
- Funds and equipment/goods/services recipient agrees to share success, if requested, to demonstrate progress made toward creating a healthy and active school community.