

Why introduce new recipes on your menu?



- On-trend, fun and tasty school meal recipes are a great way to help ensure every student is fueled and ready to learn.
- The recipes provide new ways to meet school meal nutrition guidelines.
- Each recipe includes yogurt and all help to meet grain, fruit and vegetable servings, too.
- The recipes are quick-scratch, easy to prepare, designed to help meet school cost constraints and are suitable for cafeteria service, grab-n-go and Breakfast in the Classroom.
- These also are suitable for breakfast, lunch, dinner and/or snacks.

Get all of our new dairy-based recipes at: www.nationaldairyCouncil.org/SchoolBreakfast



12 NEW

SCHOOL MEAL RECIPES!



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12 NEW recipes!

New ways to help make school meals better than ever!



Creamy Arroz Con Pollo

A new twist on an existing USDA recipe with the added nutrition of Greek yogurt.

Meal pattern crediting (1 serving): **2oz M/MA, 1 grain**



Asian Slaw

Tasty twist to an old favorite!

Meal pattern crediting (1 serving): **1/4 cup other vegetable**



Greek Yogurt Banana Muffins

Great way to use leftover bananas that kids love and provide a whole grain!

Meal pattern crediting (1 serving): **1 grain**



Creamy Herb Yogurt Dressing

Alternative to the ever-popular ranch dressing with a new look featuring Greek yogurt and a variety of delicious flavorings.



Baked Caribbean Lime Fish Sticks

New flavor with yogurt locking in moisture in an easy 2 step process. Try different seasonings for different flavor profiles.

Meal pattern crediting (1 serving): **2oz M/MA**



Fruity Yogurt Popsicles

Great idea for breakfast and snacks! Try with commodity frozen strawberries or blueberries.

Meal pattern crediting (1 serving): **1oz M/MA, 1/2 cup fruit**



Chipotle BBQ Three Bean Salad

A variety of colors and flavors combine to liven up a high protein side dish!

Meal pattern crediting (1 serving): **1/2 cup vegetable**



Apple Pie Overnight Oats

Making overnight oats in your school can be easy and count as a reimbursable meal when milk is offered too!

Meal pattern crediting (1 serving): **1 M/MA, 1/2 cup fruit, 1 grain**



Sriracha Chicken Salad Wrap

Popular Sriracha flavor provides a hit of heat! Try with different grains and use commodity chicken to lower costs.

Meal pattern crediting (1 serving): **2oz M/MA, 1/4 cup other vegetable, 1-3/4 grains**



Spiced Yogurt Muffins

Plain regular yogurt can be substituted for Greek. Also, great for snacks!

Meal pattern crediting (1 serving): **1 grain**



Ranch Veggie Patty on Bun

Meatless option packed with protein and also a good source of calcium!

Meal pattern crediting (1 serving): **1/4 cup vegetable, 2 grains**



Peaches N Cream Overnight Oats

Making overnight oats in your school can be easy and count as a reimbursable meal when milk is offered too!

Meal pattern crediting (1 serving): **1 M/MA, 1/2 cup fruit, 1 grain**