

## GO GREEN SMOOTHIE

## STEP-BY-STEP



Freeze bananas at least one day prior to service. Peel bananas and lay on a lined sheet pan in a single layer.



Place yogurt, canned pears, frozen bananas, spinach, and milk in a 5-gallon bucket.



Use an immersion blender to blend until smooth.



Pour 10 fl oz smoothies into 12 fl oz cups.